



## ALL NEW DESIGN

The TRUE® CS8.0 walk-through recumbent bike is easy on the eyes and even easier to use. Since users don't have to step over the frame to reach the seat, it's perfect for all ages, especially seniors and/or members who are rehabbing an injury.

### LOOKS GOOD ANYWHERE

The CS8.0 bikes can be placed anywhere in your facility because their power is self-generated. An external power option is also available to keep the console continuously illuminated, if desired.

### TOUR DE FORCE

The CS8.0 upright bike is designed for those seeking a realistic cycling experience. The ergonomic design is ideal for all riders and the aero bars provide great leverage and comfort for long distance sessions.

### INTUITIVE DISPLAYS

TRUE uses logical control panels and a 17 character dual window, custom LCD screen that is easy to read and understand, so your users can spend more time working out than trying to figure out how to get started.

### SEATED FOR COMFORT

TRUE ergonomically engineered the CS8.0 recumbent bike's adjustable seat to feature a reclining back from 45 to 75 degrees and 24 seat position options in 5/8" increments to enhance lumbar support. Users will also find comfort in the oversized padded design of the seat.



The CS8.0 upright has 15 seat adjustments to allow for proper leg extension for users of all heights. Users will also find comfort in the oversized padded design of the seat.

### TRUE HRC (HEART RATE CONTROL)®

Built in digital contact HRC® and Polar® Wireless compatibility means that users can train efficiently and safely by using the TRUE HRC program to automatically adjust his/her effort to match the desired target heart rate.

### ENTERTAINMENT

The CS8.0 recumbent bike provides CSAFE power as well as seamless integration with all TRUE Entertainment™ options.

### BUILT FOR ENDURANCE

TRUE offers one of the most comprehensive stationary bike warranties in the industry: lifetime frame, three years on parts and one year labor coverage. We stand behind our products, so you can enjoy years of worry free service.

# CS8.0

# COMMERCIAL BIKES

|                         |   |  |
|-------------------------|---|--|
| DRIVE SYSTEM            | <b>Resistance</b>                           | Hybrid Self-Generating Brake   |
|                         | <b>Drive</b>                                | 2 Stage Drive System with Poly-V Belts   |
|                         | <b>Crank</b>                                | One Piece Forged Steel Crank System With Sealed Bearings   |
|                         | <b>Power Source</b>                         | Self-Generating. Optional External Power Supply Available  |
| FRAME                   | <b>Frame</b>                                | Robotically Welded Heavy-Duty Tubular Steel  |
|                         | <b>Finish</b>                               | Powder Coat  |
|                         | <b>Seat - RECUMBENT</b>                     | Ergonomic Seat With 24 Custom Settings and Multiple Seat Back Angles                                     |
|                         | <b>Seat - UPRIGHT</b>                       | Ergonomic Seat With 15 Position Settings   |
|                         | <b>Handlebars - RECUMBENT</b>               | Replaceable Rubber Sleeve on Balance Bar and Seat Handlebar  |
|                         | <b>Handlebars - UPRIGHT</b>                 | Sweat Resistant Overmolded Steel with Integrated Elbow Support Pads                                      |
|                         | <b>Pedals</b>                               | Integrated Adjustable Strap  |
| CONSOLE                 | <b>Display Type</b>                         | Dual Window Custom LCD   |
|                         | <b>Keys</b>                                 | Membrane Switches  |
|                         | <b>Express Command Keys</b>                 | 4 - Manual, Intervals, Hill Programs, HRC Cruise Control™  |
|                         | <b>Data Readouts</b>                        | Time, Distance, RPM, Heart Rate, Work Level, Watts, METs, Calories                                       |
|                         | <b>Message Center</b>                       | 17 Character Alphanumeric  |
| HEART RATE              | <b>Contact Heart Rate</b>                   | Digital - 4 Sensing Pads (UPRIGHT: 2 Sets)   |
|                         | <b>Telemetry Heart Rate</b>                 | Wireless - Polar® Equipped   |
|                         | <b>HRC Programs</b>                         | 4 - Time Based, Interval, Ultra, Ultra Interval  |
| WORKOUT PROGRAMS        | <b>Preset</b>                               | 7 - Manual, Quick Start, Easy Intervals, Speed Intervals, Custom Intervals, Rolling Hills, One Big Hill  |
|                         | <b>User Defined</b>                         | 1 - Custom Intervals   |
|                         | <b>Fitness Tests</b>                        | 1 - Improved YMCA Protocol   |
| OTHER FEATURES          | <b>Entertainment</b>                        | Seamless Integration with TRUE Entertainment Options   |
|                         | <b>Communications</b>                       | Full CSAFE Compatibility   |
|                         | <b>Diagnostics</b>                          | Software Version, Keys, Display, Brake Control, Heart Rate, RS232, A/D Channels, Speed Sensor, Watch Dog |
|                         | <b>Accessories</b>                          | Reading Rack, CD & Bottle Holder   |
|                         | <b>Safety</b>                               | Reinforced Steel Frame with Secure Footprint   |
| PHYSICAL SPECIFICATIONS | <b>Footprint - RECUMBENT</b>                | 65"L x 25"W (166 cm x 64 cm)   |
|                         | <b>Footprint - UPRIGHT</b>                  | 43"L x 25"W (109 cm x 64 cm)   |
|                         | <b>Weight / Shipping Weight - RECUMBENT</b> | 194 lbs (88 kg) / 215 lbs (98 kg)  |
|                         | <b>Weight / Shipping Weight - UPRIGHT</b>   | 120 lbs (54 kg) / 140 lbs (64 kg)  |
|                         | <b>Maximum User Weight</b>                  | 350 lbs (158 kg)   |
|                         | <b>Resistance Levels</b>                    | TRUESpeed™ Fine Control, Bike Simulation, Conventional 10 Watt Increments                                |
|                         | <b>Resistance Range</b>                     | 40-600 Watts   |
|                         | <b>Maximum Workout Time</b>                 | 99 Minutes   |
|                         | <b>Regulatory Approvals</b>                 | UL, CSA, FCC, CE   |
| WARRANTY                | <b>Warranty</b>                             | Frame Lifetime, Brake 3 Years, Parts 3 Years, Labor 1 Year   |

\*Specifications subject to change without notice

