

Made in Virginia by Aromatic Embrace, Inc.



by

Herbal Pillow

Reusable zip-lock bag!

Stress-relieving Aromatic Herbs

Herbal Formula
Rice, rose buds & petals,
lavender flowers, lemon balm,
(melissa), red cedar,
chamomile flowers, marjoram,
vetiver and cloves.

100% Natural
Ingredients

Teeter Hang Ups® Herbal Pillow may be enjoyed warm or frozen. The pillow can be easily wrapped around the lower back, shoulders or limbs to soothe and relax. Use while you are inverted for added relaxation.

Warm:

Microwave - remove from bag, mist with water, heat on "high" for 2 to 3 minutes (may vary per microwave). DO NOT OVERHEAT. Overheating may cause damage.

Cold:

Mist with water, store in freezer in plastic bag provided. When needed, remove from bag and rest pillow on or near area you wish to soothe.

Conventional Oven - remove from bag, mist with water, double wrap with aluminum foil. Place directly on rack. DO NOT USE PANS OR COOKIE SHEETS. Heat at 350° for 12 to 15 minutes. Remove from foil prior to use.

Between uses, store in sealed plastic bag to preserve the freshness of the herbs.

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Ideal for use with Teeter Hang Ups Inversion Tables!

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